



# H.A.B.

**WEEKLY NEWS**

## Harrogate Advanced Bikes:

Meet on second Monday of every month.

September to March:

Bilton Cricket Club. Bilton Lane. HG1 3DQ.

April to August;

ASDA lorry park. Harrogate Superstore,

Bower Road, Harrogate, HG1 5DE

Website.

[www.harrogateadvancedbikes.co.uk](http://www.harrogateadvancedbikes.co.uk)

E-mail

[secretary@harrogateadvancedbikes.co.uk](mailto:secretary@harrogateadvancedbikes.co.uk)

## February 3rd 2013



Winter Riding Tips.

See page 7

**Did January feel a bit like this ???**

# 2013 *H.A.B. Happenings* 2013

## **February: Monday 11th**

Group meeting of 2013. Bilton Cricket Club.

We are hoping to get Dan Linfoot to give us an insight to "LIFE IN THE SUPERBIKE PADDOCK".

Having stood on the podium at Superbike and other major events Dan has only recently taken his road licence...and that was with Barry Halvorsen at A2B Motorcycle Training

Dan has contracted with GB Moto one of the top Honda teams to ride British Superbike for 2013, and has a wealth of World Superbike & Moto GP experience...

So I predict a very interesting evening..

**Not to be missed!**

## **March: Monday 11th**

### **Early Warning!!!**

**H.A.B. Annual General Meeting of 2013.**

**Bilton Cricket Club 7.30 p.m.**

## **April: Monday 8th**

Group meeting of 2013. This will be our first Ride-out meeting for the new year. Details nearer the time!!

## **June 8th & 9th**

National Bike Safe Show. Doncaster Racecourse.

## **August: Friday 2nd to Sunday 4th.**

Joint weekend with Suffolk Advanced Motorcyclists

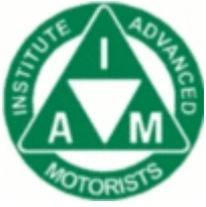
## **REMINDER. A.G.M. !!!**

**Harrogate Advanced Bikes.**

**11th March 2013**

**10TH A.G.M.**

**B.C.C. 7.30 p.m.**



## Harrogate Advanced Bikes.

Dear Member,

**2013 . . .a new year . . .a new start.**

I am afraid it is that time of the year when your annual subscription to H.A.B.- is due. There has been no increase in the subs which remain at £15.00 for the year and we hope that all current members will renew their membership.

***How to renew:***

1. You can renew at the group meetings at  
Bilton Cricket Club, (January & February).
2. You can post a cheque (made out to Harrogate Advanced Bikes.)  
to Doug Masterton.
3. You can renew at the A.G.M. to be held at 7.30 p.m.  
at Bilton Cricket Club (Monday 11<sup>th</sup> March.)

It is important that your subscription is paid prior to the A.G.M. to ensure full voting rights are maintained.

<b>Doug Masterton,</b>	<b>Bilton Cricket Club</b>
<b>60 Bondgate,</b>	<b>Bilton lane,</b>
<b>Harewood,</b>	<b>Harrogate,</b>
<b>LS17 9LN.</b>	<b>HG1 3DQ.</b>

**Pay by BACS transfer!! Simplifies it for you and Doug.**

**Contact Doug for details.**

**Tel: 0113 288 6444**

**Mobile: 0755 277 9455**

**Web: [www.dmasterton.co.uk](http://www.dmasterton.co.uk)**

## Harrogate Advanced Bikes - 2013 Third Sunday Rides

3rd Sunday Rides	Destination	Ride Leader	Contact
17 March	Bowland / Dentdale	Andrew Pratt	07875 364866
21 April	tba	Bob Hill	07980 257072
19 May	tba	David Haywood	07779 214331
16 June	The Lakes	Paul Dresser	07778 856566
20 / 21 July	Weekend in Wales	Barry Ring	01423 864786
18 August			
15 September			
20 October	tba	Doug Masterton	0755 277 9455

**Ride Leaders Wanted for August and September-  
Let Andrew know if you can lead a ride      07875 364866**

### Guidelines for Ride Leaders

120 to 180 miles

Plan your route - no more than 90 minutes to morning coffee stop

Another 90 minutes (max) to lunch stop

Aim to finish between 16.00 & 17.00

Keep it Simple - not too many junctions.

A complicated route spoils the flow.

Pre- Ride your route, with your Tail Ender.

Remember a large group will be slower than the two of you.

Suss out coffee & lunch stops - can they cater for 20 or so riders?

Let Secretary have a note of the route - a basic route with stops noted for inclusion in News Letter and on Website.

### 3<sup>rd</sup> Sunday Rides

Thanks to all those members who have offered to lead a Sunday Ride.

See full programme later in this issue with guide-lines for ride leaders.

**Cheers**

**Andrew**

# **NATIONAL BIKE SAFE SHOW**

## **Doncaster Race Course.**

### **8th & 9th June 2013**

We have had the following request from Malcolm Lonsdale for assistance at the above event. Apart from being a good opportunity to recruit new members for our group it promises to be an interesting and fun event to attend.

Anyone willing / able to assist please contact Malcolm directly but please also copy secretary so that we know who is likely to be there. By letting Malcolm know directly he will know that he will have some helpers from H.A.B. Nearer the time we will co-ordinate the group details.

**Hi Guys**

Just a note to confirm that I have registered to attend the above show on 8<sup>th</sup> and 9<sup>th</sup> June. I will be asking for your support to man the stand on these two days . As in the past I would like to run a rota of 6 members in the morning and a further 6 in the afternoon timings to be advised later. Ideally I would like to have each of the local groups represented at each session. Please let me have names as soon as to enable me to have name tags made.

I will also need a couple of volunteers to help erect the stand on Friday 7<sup>th</sup> PM and dismantle after the show on Sunday PM exact times not yet known. Hope to see you at the North and South forums later this week and next month. Always weather permitting

**Malcolm.**

**Malcolm Lonsdale**  
**Regional Group Co-ordinator**  
**(North East England)**  
**22 Chibburn Court, Widdrington Station, Morpeth,**  
**Northumberland. NE61 5QT**

**E-mail: [malcolm.lonsdalergc@iam.org.uk](mailto:malcolm.lonsdalergc@iam.org.uk)**

**Tel: 01670 791392**

**Mob: 07788 535153**

**Web: [www.iam.org.uk](http://www.iam.org.uk) and [www.iamdriveandsurvive.co.uk](http://www.iamdriveandsurvive.co.uk)**

**Thanks to those who have already responded.**

# **H.A.B. Tours. 2013.**

A chance to join up with another advanced bike group for a weekend away!!  
Highest pub in U.K. and a favourite biker destination

## **Tan Hill Weekend. 2nd to 4th August 2013**

Paul Higgins has made contact with Suffolk Advanced Motorcycles (SAM), who will be visiting Yorkshire in August . .



Their trip will consist of:

Friday 2nd August. SAM group arriving at Tan Hill .

Saturday 3rd Ride out (details being discussed). I believe there will be an evening meal at Tan Hill on 3rd. SAM will be .

Sunday 4th August SAM group returning to Suffolk.

I have been informed that SAM are expecting approximately 15 from their club to attend this weekend, (which means that the double rooms appear to have been taken already!) and they would like to meet up with us. Paul (the SAM contact) has agreed that we can book any required accommodation through them, but this will require early applications for spaces, together with a £10 deposit to secure. It appears that there is accommodation currently available in the bunk room ( bed in a shared space) at £25 ppn including a cooked breakfast, or camping at £2, excluding breakfast (which can be bought separately).

Option 1. Go up on Friday and join the S,A,M, group for the weekend.

Option 2. Go up on Saturday and join in for the dinner .

Option 3. Go up on Saturday and join the ride-out.

Is anyone interested?

For more information and to register interest contact Paul Higgins A.S.A.P. as accommodation at Tan Hill is limited and gets booked up early.

Phone:- 01729 829539

Mob:- 07713155723

E-mail:- paulhiggins56@hotmail.com

Regards,  
Paul.



## Winter Motorcycle Riding Tips

For some bikers, winter riding is simply not an option. For them, the bike goes into hibernation in the garage, protected by a thick layer of grease and covered by a tarpaulin until the spring shoots appear.

But it doesn't have to be that way. With the right kit, a little common sense, and some minor changes in your riding style, you can carry on riding safely through all but the worst of the winter weather.

Riding anytime of the year demands caution, however winter in particular can be treacherous. Almost half of Britain's motorcyclists say that riding on icy, winter roads is one of the worst aspects of motorcycling. Below are some helpful hints together with a list of the common hazards that bikers may face during the winter months.



### Wrap up against the winter

It may sound obvious, but investing in specialist winter riding gear can make a massive difference to your winter warmth and comfort. One-piece leathers are clearly the best as they offer less opportunity for the icy wind to find a way in. If you can't afford these, make sure your layers overlap well.

If you can only invest in one piece of winter kit, then make it a quality pair of gloves. Modern technology has created a range of waterproof, thermally efficient gloves that will keep your hands warm and dry as you ride. Failing that, make sure you keep a spare pair of inner gloves in your pocket so you can change them if they get wet. The wet pair can then dry in your pocket from your body heat ready to be changed again.

Riding in the correct kit is not just a comfort issue either. If you're wet and cold, you will tire more easily and will not respond as sharply to events around you. This is particularly true of cold fingers. Combine these slower reactions with the more hazardous roads of winter, and you've got more potential problems.

### Respect the winter roads

From the autumn storms, when rain falls on roads which have accumulated grease and oil all summer, to the treacherous black ice of winter frosts, the riding conditions in winter demand your utmost respect.

The simple advice is to take it easy. Save your carefree open-road riding for those glorious summer mornings. In winter the conditions need as much care as you can muster. Not only will there be much less grip on wet and icy roads, you will also be challenged by the wind and the rain as you ride along. So use your lane, and give yourself space to adapt, adjust, and slow down. And if you have a long ride ahead, plan to stop and warm up along the way.

### Stop, revive, and survive

It's worth remembering that poor conditions affect everyone else around you too. Motorists, who struggle to see bikes at the best of times, are even less likely to see you when their windows are misted up. Even pedestrians become a real hazard, as they bow their heads to the rain or hunch up against the cold, leaving them prone to walk out in front of you without looking properly.

### Wet Roads

Increase the breaking distance between you and other vehicles to account for wet and greasy road conditions. By increasing your distance you will get minimal spray of other vehicles and will be able to judge and anticipate other road users driving much easier. Watch out for wet leaves on the road. These can make the surface slippery and could make you lose control.

### Vision

Bad weather such as fog or even low winter sun can restrict your view. Be aware of the hazards; ride to suit the road conditions.

### Rider Visibility

Bikers need to be as visible as possible to other road users. By wearing reflective clothing it helps other road users to see you, especially on dark mornings and early evenings. By making contact with drivers using their mirrors, this also makes you visible to the driver.

### Signal earlier

Signal earlier to give as much notice as possible to other road users of your intentions.

### Lights

Check your lights regularly to make sure they are working. Also ensure your lights are visible and clear of dirt.

### Tyres

Check your tyre pressure to ensure it's suitable for winter riding.

### Mirrors

In winter months, use anti-misting spray on your visor and mirrors.

### Strong winds

Try to avoid riding in strong winds, however if it is absolutely necessary then be aware of hazardous objects being swept onto the roads such as carrier bags, boxes, branches of trees, cones etc.

If you do have to go out this winter on your bike, stay alert and ride well within your limit.

But for all the problems of winter riding, it still beats standing at a bus stop in the rain, or struggling to de-ice your frozen car every morning. With a little planning and a little care, you'll be enjoying the sunshine of spring before you know it.

Click on the following links for [tips on tyre safety](#) and more [biking advice](#).